

2015 ROAD RACE SCHEDULE

- Road Races provide variety in training
- Get you into race mode
- Serve as pace predictor for Boston

Here is a list of some of the better races to prep for Boston.

Sat. Jan. 25: Derry prep 16 miler Derry NH (real hilly)

Sun. Feb. 15: Foxboro 10 miler Foxboro, MA

Sun. Feb 22: Hyannis ½ Hyannis, MA

Sat. March 1: Stu's chase 18.6 (30k) Boylston, MA (hilly)

Sat. March 7: Black Cat 10 & 20 miler Salem, MA

Sun. March 15: New Bedford ½ New Bedford, MA

Sun. March 16: Run to the beach 30k. No. Andover, MA

Sun March 29: Eastern States 20 miler and half marathon. Rye, NH

Sat. April 4: Boston tune-up 15k Nipmuc, MA