

Hill Run Schedule 2016

Meet at the bottom of the hill in Boston Common. Start time is 5:30pm

Week 1= January 6th- 3 x full hill

Week 2= January 13th – 4 x full

Week 3= January 20th- 5 x full

Week 4= January 27th- 10 x half hill

Week 5= February 3rd- 6 x full

Week 6= Feb. 10th- 12 x half

Week 7= Feb. 17th- 7 x full

Week 8= Feb. 24th- 14 x half

Week 9= March 2nd- 8 x full

Week 10= March 9th- 16 x half

Week 11= March 16th- 9 x full

Week 12= March 23rd- 12 x half

Week 13= March 30th- 8 x full

Week 14=April 6th- 6 x full